

Vocabulary of Emotions

	Happiness	Caring	Sadness	Weakness	Fear	Confusion	Hurt	Anger	Loneliness	Guilt
Strong	delighted ebullient ecstatic elated energetic enthusiastic euphoric excited exhilarated overjoyed thrilled tickled pink turned on vibrant zippy	adoring ardent cherishing compassionate crazy about devoted doting fervent idolizing infatuated passionate wild about worshipful zealous	alienated barren beaten bleak bleeding dejected depressed desolate despondent dismal empty gloomy grieved grim hopeless in despair woeful worried	blemished blotched broken crippled damaged false feeble finished flawed helpless impotent inferior invalid powerless useless washed up whipped worthless zero	alarmed appalled desperate distressed frightened horrified intimidated panicky paralyzed petrified shocked shook up speechless startled stumped stunned taken- back thrown thunderstruck trapped	baffled befuddled chaotic confounded confused dizzy flustered rattled reeling shocked shook up speechless startled stumped stunned taken- back thrown thunderstruck trapped	abused aching anguished crushed degraded destroyed devastated discarded disgraced forsaken humiliated mocked punished rejected ridiculed ruined scorned stabbed tortured	affronted belligerent bitter burned up enraged fuming furious heated incensed infuriated intense outraged provoked seething storming truculent vengeful vindictive wild	abandoned black cut off deserted destroyed empty forsaken isolated marooned neglected ostracized outcast rejected shunned	abashed debased degraded delinquent depraved disgraced evil exposed humiliated judged mortified shamed sinful wicked wrong
Medium	aglow buoyant cheerful elevated gleeful happy in high spirits jovial light-hearted lively merry riding high sparkling up	admiring affectionate attached fond fond of huggy kind kind-hearted loving partial soft on sympathetic tender trusting warm-hearted	awful blue crestfallen demoralized devalued discouraged dispirited distressed downcast downhearted fed up lost melancholy miserable regretful rotten sorrowful tearful upset weepy	ailing defeated deficient dopey feeble helpless impaired imperfect incapable incompetent incomplete ineffective inept insignificant lacking lame overwhelmed small substandard unimportant	afraid apprehensive awkward defensive fearful fidgety fretful jumpy nervous scared shaky skittish spineless taut threatened troubled wired	adrift ambivalent bewildered puzzled blurred disconcerted disordered disorganized disquieted disturbed foggy frustrated misled mistaken misunderstood mixed up perplexed troubled	annoyed belittled cheapened criticized damaged depreciated devalued discredited distressed impaired injured maligned marred miffed mistreated resentful troubled used wounded	aggravated annoyed antagonistic crabby cranky exasperated fuming grouchy hostile ill-tempered indignant irate irritated offended ratty resentful sore spiteful testy ticked off	alienated alone apart cheerless companionless dejected despondent estranged excluded left out leftover lonely oppressed uncherished	apologetic ashamed contrite culpable demeaned downhearted flustered guilty penitent regretful remorseful repentant shamefaced sorrowful sorry
Light	contented fine glad keen pleasant pleased satisfied serene sunny	appreciative attentive considerate friendly interested in kind like respecting thoughtful tolerant warm toward yielding	blah disappointed down funk glum low moody morose somber subdued uncomfortable unhappy	dry incomplete meager puny tenuous tiny uncertain unconvincing unsure weak wishful	anxious careful cautious disquieted goose-bumpy shy tense timid uneasy unsure watchful worried	distracted uncertain uncomfortable undecided unsettled unsure	let down minimized neglected put away put down rueful tender touched unhappy	bugged chagrined dismayed galled grim impatient irked petulant resentful sullen uptight	blue detached discouraged distant insulated melancholy remote separate withdrawn	bashful blushing chagrined chastened crestfallen embarrassed hesitant humble meek regretful reluctant sheepish